

Grampians Region Population Health Plan 2023 – 2029

Operational Plan

2023 – 2024 Financial Year



Preface

The inaugural Grampians Region Population Health Plan 2023-2029 (GRPHP) shares a vision that the people in the Grampians region work together to achieve the best health and well-being outcomes. The GRPHP was developed in partnership with stakeholders from across the region. After a comprehensive needs assessment was undertaken to determine an evidence base to priorities, a series of engagement activities were performed, including meetings, forums, and targeted consultation, to enable the voices of local stakeholders to inform and shape the plan. The GRPHP reflects the work of not only the Grampians Public Health Unit but that of our valued partners. Our work is both place based and co designed by our stakeholders including community stakeholders. Consequently, the GRPHP includes proposed indicative actions subject to the capacity and support of our partners.

As set out in the GRPHP, there are nine priority streams of work for the region; healthy eating, active living, reducing harm from tobacco and e-cigarettes, sexual and reproductive health, thriving children, strengthening oral health, tackling climate change and its impacts on health, enhancing cardiac care and regionalising cancer care across our community. Within these priority streams, several public health initiatives will be developed to address the factors contributing to ill-health and strive towards equitable health outcomes. Initiatives will be collaboratively designed, ensuring alignment with existing programs, the statewide health promotion program and the Victorian public health and wellbeing plan 2023-2027.

The GRPHP recognises the structural and social determinants of health and their downstream impacts on health outcomes. A lens of inclusion, equity and gender impact will be applied during the implementation of GRPHP to ensure public health initiatives are accessible, culturally safe and informed by those with lived experience. Considerations regarding Aboriginal and Torres Strait Islander people, mental health and wellbeing, and climate impacts will be incorporated into all GRPHP public health initiatives, as guided by leaders in local Aboriginal communities, community members with lived experience and content experts. Finally, the values and principles of quality, equity, sustainability, and effectiveness will underpin all GRPHP activities.

To support the successful enactment of the GRPHP, the following operational plan has been developed to describe work for the first period of 2023-2024. For each stream, the operational plan outlines the key objectives, the scope of the work, desired outcomes and the proposed actions that will be co-designed with our partners and communities over the next 12 months.

This Operational plan is the first for the GRPHP 2023-2029. It is, however, intended that annual Operational plans will describe implementation activity over the course of the six-year life of the GRPHP. Further detail around all aspects of the Operational Plan 23-24 can be found in the GRPHP 2023-2029, and further strategic context can be found in the active embedded links.



Proposed Plan


*Interventions will be co-designed with our partners and communities

Incorporating considerations regarding

First Nations People

Mental Health and Wellbeing

Climate Impacts

Priority Area	Key objectives	Scope	Policy Context	Desired outcomes	Proposed Actions Indicative*	Partners		
Healthy Eating 	To support the capacity and opportunities to design, implement, evaluate, sustain, and where possible scale stakeholder driven interventions which see an:	Multiple strategies aimed at the individual, communities, the food system and the food environment will be needed to achieve the targets in this focus area, with health promotion actions across the spectrum of prevention.	<ul style="list-style-type: none"> ▫ Municipal Health and Wellbeing Plans ▫ Victorian Public Health and Wellbeing Plan 2023 – 2027 ▫ Victorian Public Health and Wellbeing Outcomes Framework 2016 ▫ Healthy Kids Healthy Futures (October 2021) ▫ National Preventive Health Strategy 2021-2030 ▫ Smiles 4 Miles ▫ Vic Kids Eat Well ▫ Achievement Program ▫ Healthy Choices Guidelines 	<ul style="list-style-type: none"> ▫ Year- on-year increase in the first occasion of service for children - sustained over 10 years ▫ Year-on-year increase in the proportion of children attending for first occasion of service from lower Socio-Economic Status quintiles (<i>using proxy markers to correlate lower Socio-Economic Status than community average</i>) 	Smiles 4 Miles Program (Expansion of the existing Smiles 4 Miles program to ensure that the program is available to all Wimmera Southern Mallee Local Government area communities)	<ul style="list-style-type: none"> ▫ Local Governments of Horsham Rural City, Hindmarsh, West Wimmera & Yarriambiack. ▫ Dental Health Services Victoria ▫ Early childhood centres and Kindergartens ▫ Royal Flying Doctor Service ▫ Private sector dental groups/dental associations ▫ Health services including Rural Northwest Health, West Wimmera Health Service, Grampians Health, ▫ Goolum Goolum Aboriginal Co-operative ▫ Woomelang Bush Nursing Centre ▫ Harrow Bush Nursing Centre 		
	<ul style="list-style-type: none"> → Increase in the proportion of adults, adolescents and children who consume sufficient fruit and vegetables → Increase in mean serves of fruit and vegetables for adults, adolescents and children → Reduction in the discretionary food consumption of adults, adolescents and children → Reduction in the proportion of adults, adolescents and children who consume sugar-sweetened beverages daily 			<ul style="list-style-type: none"> ▫ Increase in primary school children enjoying the increase serve of fruit and vegetable intake each week from targeted schools ▫ 30% of Pyrenees Primary Schools registered and implementing a formal program: Vic Kids Eat Well/ Achievement Program 			Work with primary schools in unsupported LGA's to increase the healthy food options available. (Develop a supported model to implement healthy eating, education and access to healthy options into Primary Schools in the Pyrenees Shire)	<ul style="list-style-type: none"> ▫ Schools ▫ Sports Clubs & Associations ▫ Local Governments ▫ Community Health-Health Promotion (CH-HP) funded Health Promotion workforce.
				<ul style="list-style-type: none"> ▫ More sports & recreation settings across the region provide access to and promote healthy food & drinks 				

Active living



<p>To support the capacity and opportunities to design, implement, evaluate, sustain, and where possible scale stakeholder driven interventions which see an:</p> <ul style="list-style-type: none"> → Increase in the prevalence of those who are sufficiently active → Decrease in the average time that people sit or be sedentary → Increase in participation in organised sport and recreation → Increase in active transport use 	<p>Multiple strategies aimed at the individual, communities, and the environment will be needed to achieve the targets in this focus area such as:</p> <ul style="list-style-type: none"> ▫ Improvement in neighbourhood and precinct planning to better support active living ▫ Increased accessible and adaptable spaces for active living, ensuring compliance with appropriate state and national regulations and standards ▫ Increased socio-cultural norms reinforcing active living ▫ Increased capacity to be more physically active and less sedentary ▫ Improved integration and accessibility of public transport 	<ul style="list-style-type: none"> ▫ Get Active Victoria ▫ Municipal Health and Wellbeing Plans ▫ Community Health – Health Promotion Plans (Community Health- Health Promotion Funded Agencies) ▫ Community Health Women’s Health Plans (Women’s Health Grampians) ▫ Victorian Public Health and Wellbeing Outcomes Framework 2016 ▫ Victorian Public Health and Wellbeing Plan 2023 – 2027 ▫ National Preventive Health Strategy 2021-2030 	<ul style="list-style-type: none"> ▫ To increase Physical activity, social connection, knowledge and education on services locally available, education on Healthy eating ▫ To improve Health and wellbeing, mental health for local farming families 	<p>Implement the Active Farmers Program in Wimmera Southern Mallee</p>	<ul style="list-style-type: none"> ▫ Active Farmers ▫ Farming Communities ▫ Women’s Health Grampians
			<ul style="list-style-type: none"> ▫ Increase in the number of sport clubs that are inclusive of women, girls and people who are non- binary ▫ 10% increase year- on-year of sporting clubs in the target LGA aligning to the principles of CoRE. ▫ One sports club in each LGA works with partners including Women’s Health Grampians to promote inclusion 	<p>Promote Inclusive sports clubs in Grampians Pyrenees Goldfields</p>	<ul style="list-style-type: none"> ▫ Sport clubs ▫ Local government ▫ Health promotion practitioners ▫ Sports Assemblies ▫ Sport & Recreation Vic ▫ Parks Victoria ▫ Regional Sports Assembly (Sports Central) ▫ Tertiary Institutions (Federation University, Victoria University) ▫ Local youth – groups, clubs, schools
			<ul style="list-style-type: none"> ▫ Increase in awareness of and access to active living options and opportunities for children & young people 	<p>Promote active living opportunities for children and young people in Central Highlands</p>	<ul style="list-style-type: none"> ▫ Sports Clubs & Associations ▫ Local schools (Primary, Secondary, & Alternative) ▫ Local Service Clubs (e.g., Scouts) ▫ The-Y ▫ Child & Family Services ▫ Education settings & networks ▫ Peak Bodies (e.g., VicHealth, VALA, VicSports)

Reducing harm from tobacco and e-cigarettes



To support the capacity and opportunities to design, implement, evaluate, sustain, and where possible scale stakeholder driven interventions which see a:

→ Reduction in the proportion of adults and adolescents that smoke daily

Multiple strategies aimed at the individual, communities, and the built environment will be needed to achieve the targets in this focus area to:

- Decrease the number of environments in which to smoke
- Decrease exposure to second- and third-hand smoke
- Decrease the social acceptability of smoking and vaping
- Increase capacity to stop smoking and use of nicotine
- Increase to uptake of stop-smoking supports

- Municipal Health and Wellbeing Plans
- [Victorian Public Health and Wellbeing Outcomes Framework 2016](#)
- [Victorian Public Health and Wellbeing Plan 2023 – 2027](#)
- [National Preventive Health Strategy 2021-2030](#)
- Victoria’s tobacco reforms
- National Tobacco Strategy 2023–2030

- Year-on-year increase in the number of organisations (including schools, services, clubs and workplaces) engaged in the Achievement program
- 20% increase in the proportion of participants ‘strongly against’ smoking and vaping
- 50% increase in participants identifying the severe health risks from vaping
- 100% increase in participants knowledge of inadequacy of legislation protecting people from the hazards of vaping

- Increase public awareness and compliance with the Victorian Tobacco Act 1987
- To protect members of the community from exposure to second- hand tobacco smoke and aerosol
- To de- normalise smoking and e- cigarette use in the community
- 50% of LGAs have access to materials (campaign materials, brochures, posters, signage) and its guidance to actively advocate for compliance with the Act

- Increased awareness of young people of how to reduce the harm of e- cigarettes to themselves and those around them
- Increase in % young people (12-17 years) who have acted to reduce harm from e- cigarettes to themselves or others

Enhancing the achievement program with strengths-based approach; Reducing harm from tobacco and e-cigarette use in Yarriambiack



- Rural Northwest Health
- Cancer Council Victoria
- Yarriambiack School administrators
- Department of Education
- Yarriambiack early learning centre directors
- Yarriambiack Shire
- RNH Health Service management


Public information campaign – Smoke free /vape free

- Health Services
- Health promotion practitioners
- Schools
- Council owned recreational facilities
- Council asset management & maintenance
- Police and Magistrate Courts
- Public Hotels & Bars
- Transport
- Media
- QUIT Victoria
- Cancer Council

Social media campaign to deter young people from vaping

- Local schools and youth councils
- Local Govt led Youth programming.
- CH-HP Health Promotion staff
- QUIT Victoria
- Vic Health
- Cancer Council Victoria
- QUIT Tobacco-related harm Community of Practice
- Local schools
- Local media & film industry

<p>E2E Oral Health</p> 	<p>To support the implementation, evaluation and sustainability of one oral health intervention in Edenhope, with a view to scale, where possible, to elsewhere in the Grampians region to:</p> <ul style="list-style-type: none"> → Improve the oral health of children → Promote healthy environments → Improve oral health literacy → Improve oral health promotion, screening, early detection and preventions services 	<p>Strategies aimed at health policy, health systems, the environments in which we live, work and play, and individuals will be needed to achieve equitable oral health outcomes across the Grampians region.</p>	<ul style="list-style-type: none"> ▫ Municipal Health and Wellbeing Plans ▫ Victorian Public Health and Wellbeing Outcomes Framework 2016 ▫ Victorian Public Health and Wellbeing Plan 2023 – 2027 ▫ National Preventive Health Strategy 2021-2030 ▫ Victorian Action Plan to Prevent oral disease 2020-2030 ▫ Healthy Kids Healthy Futures (October 2021) ▫ By Five (Wimmera Southern Mallee Development Association) Wimmera Southern Mallee ▫ Dental Health Services Victoria Health Promotion Programs 	<p>Focus on oral health in West Wimmera Shire</p> <ul style="list-style-type: none"> ▫ Supportive preschool environments ▫ Strengthened oral health knowledge, skills and confidence among children and families 	<ul style="list-style-type: none"> ▫ Work in the Wimmera Southern Mallee community of Edenhope to scale progressively in West Wimmera and across the Grampians region if demonstrated to be efficacious ▫ Consultation with community stakeholders and subject matter expert to identify the system goal(s) and stakeholder driven interventions to achieve them ▫ Strengthen oral health knowledge, skills and confidence among adults and children ▫ Assess, recognise and refer residents to a dental service for further care ▫ Screen, recognise and refer children to a dental service for further care ▫ Strengthen access to oral health care for West Wimmera communities 	<ul style="list-style-type: none"> ▫ Dental Health Services Victoria ▫ Grampians Regional Health Service Partnership ▫ Health services ▫ Grampians Health Dental ▫ Local community groups ▫ Schools ▫ Universities
<p>E2E Sexual and Reproductive Health</p> 	<p>Build upon existing community strengths with a population health approach that focuses on the principles of co-design, equity and sustainability to:</p> <ul style="list-style-type: none"> → Build a responsive sexual health service that will meet the needs of our population → Build capacity in the health and community sector 	<p>Implementation of localised strategies that improve access to sexual and reproductive health services, particularly for the timely access to abortion and sexual health care.</p>	<ul style="list-style-type: none"> ▫ Municipal Health and Wellbeing Plans ▫ Victorian Public Health and Wellbeing Plan 2023 – 2027 ▫ Victorian sexual and reproductive health and viral hepatitis strategy 2022-30 ▫ Gender equality action plan 2022-2025 ▫ Community health reform plan 	<p>Whole of region approach to improving sexual and reproductive health outcomes, including through integration of preventive and clinical services</p> <ul style="list-style-type: none"> ▫ Collaborative networks of key stakeholders established to co-design effective interventions ▫ Increase in the number of schools participating in sexual health and relationships education professional development 	<ul style="list-style-type: none"> ▫ Completion of Sexual and Reproductive Health and Viral Hepatitis in the Grampians Region 2023-2029 project report ▫ Implementation of recommendations of report including delivery of sexual health and viral hepatitis health promotion activities which may include training sessions in social service organisations (e.g., out of home care) 	<ul style="list-style-type: none"> ▫ Ballarat Community Health ▫ Women’s Health Grampians ▫ Sexual Health Victoria



	<p>through partnerships, networks and education</p> <p>→ Develop a designated sexual and reproductive health and viral hepatitis health promotion program focusing on primary and secondary prevention</p>			<ul style="list-style-type: none"> ▫ Changes to the number and types of schools participating in sexual health education ▫ Increases in the number of students participating and the number of sessions delivered ▫ Increased self-reported knowledge and awareness of students regarding healthy relationships and safe sexual practices ▫ Increased knowledge of local referral pathways for workers at social care organisations ▫ Increased knowledge of local health care providers regarding best practice sexual and reproductive health care 		
<p>Thriving Children</p> 	<p>Develop stakeholder driven interventions to work with LGAs to align priorities for child health and well-being to:</p> <p>→ Redesign service ecosystem</p> <p>→ Strengthen households</p> <p>→ Build social connectedness</p>	<p>Implement local strategies across LGAs to reduce gaps between children in Grampians region LGAs and the Victorian average in relation to a range of indicators including*:</p> <ul style="list-style-type: none"> ▫ Living in loving and safe environments ▫ Having access to material basics ▫ Access to appropriate health services ▫ Proportion of children enrolled in 4-year-old kinder ▫ Developmental 	<ul style="list-style-type: none"> ▫ Municipal Health and Wellbeing Plans ▫ Victorian Public Health and Wellbeing Plan 2023 – 2027 ▫ Healthy Kids Healthy Futures (October 2021) ▫ Grampians Health Services Plan ▫ INFANT Healthy eating and active play ▫ Ballarat4Kids ▫ By Five (Wimmera Southern Mallee Development Association) Wimmera Southern Mallee ▫ Go Goldfields – Every child every chance (Central Goldfields) 	<ul style="list-style-type: none"> ▫ Equitable access to services for all children and families in the Wimmera Southern Mallee ▫ High-quality services for all children and families ▫ High engagement and participation in services by children and families ▫ Confident and connected families across the Wimmera Southern Mallee ▫ Community environments that support all children and families to thrive <ul style="list-style-type: none"> ▫ Every Child, Every Chance and the 5 priority areas provide a common language and agenda in the Central Goldfields Shire for practitioners, service providers, and decision makers to participate in 	<p>By Five (led by Wimmera Development Association, work long underway and on-going) across Horsham, West Wimmera, Northern Grampians, Hindmarsh and Yarriambiack LGAs</p> <p>Every Child Every Chance (led by Central Goldfields Shire, work underway since 2020</p> <ul style="list-style-type: none"> ▫ Creating “The Nest”; a parent informed space in Maryborough ▫ Creating a systemized and centralized kindergarten 	<ul style="list-style-type: none"> ▫ Wimmera Development Association ▫ Central Goldfields Shire

		<p>readiness for school</p> <ul style="list-style-type: none"> ▫ School achievement ▫ Participating in sport, and families participating in maternal and child health services ▫ Have access to culturally safe services and support <p>*Note: all indicators align to The Nest (ARACY, n.d.)</p>	<ul style="list-style-type: none"> ▫ MCRI's Re-stacking the odds ▫ Australian Research Alliance for Children and Youth's (ARACY) The Nest ▫ Early Years Catalyst program ▫ Scotland's Children and Young People Improvement Collaboration (CYPIC) 	<ul style="list-style-type: none"> ▫ Increasing the local workforce capacity and connection ▫ a Shire-wide Transition Plan to support children and their families through their early years ▫ Development of a local service model to increase provision of early intervention services 	<p>registration for Central Goldfields</p> <ul style="list-style-type: none"> ▫ Implementation of the Empowering Parents, Empowering Communities program ▫ Implementation of local program and practitioner to address attendance ▫ Delivery of a quarterly Early Years Forum 		
				<ul style="list-style-type: none"> ▫ Local stakeholder driven identification of system goals and feasible interventions, being enacted and monitored ▫ Feasible evaluation methods in place for monitoring impacts (with partners Murdoch Children's Research Institute MCRI, Deakin University, Federation University) ▫ VPHWOF data regarding children with obesity and/or proportion of children eating sufficient serves of fruit and vegetables, stratified by rurality and LGA where available 	<p>Ballarat4Kids (Led by GPHU, on-going)</p> <ul style="list-style-type: none"> ▫ Joining with Best Start Improvement Advisors and other trained coaches to scale use of improvement methods in redesign ▫ Work to establish Re-stacking the Odds (MCRI, 2021) (if desired by stakeholders) in Ararat Rural City and Moorabool, Hepburn, Pyrenees Shires 	<ul style="list-style-type: none"> ▫ City of Ballarat 	
				<ul style="list-style-type: none"> ▫ Engagement from LGA CEOs and their staff in the Thriving Children program ▫ Development of governance structures across Ararat Rural City and Moorabool, Hepburn and Pyrenees Shires including providers for children's health and wellbeing, housing agencies, sports organisations and schools 	<p>4kids@ (<i>however named</i>) Ararat and Pyrenees, Hepburn, and Moorabool LGAs</p>	<ul style="list-style-type: none"> ▫ Local Governments 	

Climate and Health



<p>Apply system science to develop stakeholder driven climate response interventions to:</p> <ul style="list-style-type: none"> → Mitigate and adapt imperatives and actions, inside and beyond the health sector → Ensure mechanisms are in place to bring equity and sustainability lenses to all plans, programs and service decisions 	<p>Health leaders in our region reached, engaged and acting to grow adaptive capacity across and reduce vulnerability in the organisations they lead</p>	<ul style="list-style-type: none"> ▫ Victorian Public Health and Wellbeing Plan 2023 – 2027 ▫ Victorian Climate Change Strategy 2021 ▫ Victoria’s Health and Human Services Climate Change Adaptation Action plan 2022-2026 ▫ Grampians Region Climate Adaptation Strategy 2021-2025 ▫ Victoria’s Climate Science Report 2019 ▫ CSIRO DELWP Climate projections for Wimmera Southern Mallee 2019 ▫ CSIRO DELWP Climate projections for the Central Highlands 2019 	<ul style="list-style-type: none"> ▫ For health sector leaders and teams to learn from exemplars (such as the NHS, the successes of other Australian health organisations) and from the wisdom and experience of Australia’s First Peoples in caring for country and people ▫ Development of sustainability, mitigation and adaptation strategy/strategies for Grampians Region health services, including by using circular economy principles across health services and by training staff to steward precious supply and human resources 	<p>Climate Action Framework for Health Services</p> <ul style="list-style-type: none"> ▫ Identify and support training of staff as to lead or champion those strategies ▫ Promote an action at all levels approach in health organisations so that staff, visitors, clients and community can be confident that their health services are engaged and acting for their safety into a future with a changing climate ▫ Support health leaders to help lead their local communities in mitigation and adaptation efforts across the region. In doing so we will join with communities and other agencies (inside and outside health and inside and outside government) to grow adaptive capacity, and reduce vulnerability ▫ Support development of sustainable services given projected increase in frequency and severity of extreme weather events. We will give particular attention to actions around prevention, preparedness, disaster risk reduction, and to building resilience, response and recovery capacity to extreme climate events such as drought, fire, storms, floods and their direct and indirect, immediate and delayed impacts ▫ Support and build capacity to make equity- and sustainability-focused service and workforce decisions 	<p>Health services including:</p> <ul style="list-style-type: none"> ▫ West Wimmera Health Services ▫ Rural Northwest Health ▫ Grampians Health ▫ East Grampians Health Service ▫ East Wimmera Health Service ▫ Beaufort Skipton Health Service ▫ Maryborough District Health Service ▫ Central Highlands Rural Health
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E2E Cardiac Care 	Integrating prevention, primary care and acute care into the value-based health care continuum including: → Population Health → Management of high-risk disease → Improvement of heart failure outcomes	An end-to-end approach to the detection, treatment and management of cardiovascular risk and disease across the region with a range of strategic actions across the continuum including: ▫ patient experience ▫ preventive health ▫ risk management ▫ clinical demand ▫ clinical outcomes ▫ healthcare expenditure ▫ health policy	▫ All levels of the health care system (integrated care with optimised clinical outcomes) ▫ Value-based care State-wide health policy ▫ Cardiovascular health State-wide priority	Population health ▫ To improve cardiovascular Population health through:	▫ Community Absolute Cardiovascular Risk determination, ▫ Integration with health promotion strategies to support healthy hearts	▫ Grampians Public Health Unit
				Management of high-risk disease ▫ To improve management of individuals at high risk of heart disease	▫ Identification of individuals with high Absolute Cardiovascular Risk ▫ Patient focused management of high Absolute Cardiovascular Risk	▫ Western Victoria Primary Health Network
				Improvement of heart failure outcomes ▫ The development of an integrated Chronic Heart Failure management system across the hospital and community interface	▫ Improve the quality of life of patients with Chronic Heart Failure ▫ Patient focused integrated community and hospital management of Chronic Heart Failure	▫ Grampians Health
E2E Cancer early diagnosis and care 	Implement a program of work in the first instance to optimise the regional lung cancer care pathway: → so that when screening begins identified individuals can get timely access to the diagnostics and care they need	▫ Public health and primary care initiatives to identify individuals eligible for screening when screening commences ▫ Ensuring inclusive, feasible and acceptable pathways to optimal care for individuals requiring care	▫ All levels of the health care system (integrated care with optimised clinical outcomes) ▫ Value-based care State-wide health policy ▫ Cardiovascular health State-wide priority	Regionalising early diagnosis and cancer care Grampians Integrated Cancer Services in 2023-24 is undertaking work to optimise the care pathway for lung cancer across the Grampians region to: ▫ be ready to receive and manage individuals identified with early lung cancer once screening commences in 2025.	▫ Public health and primary care initiatives to identify individuals eligible for screening when screening commences ▫ Ensuring inclusive, feasible and acceptable pathways to optimal care for individuals requiring care.	▫ Grampians Integrated Cancer Services ▫ Western Victoria Primary Health Network ▫ Grampians Health ▫ Grampians Public Health Unit ▫ Goolum Goolum Aboriginal Co-operative ▫ Budja Budja Aboriginal Co-operative ▫ Ballarat and District Aboriginal Co-operative ▫ Victorian Agency for Health Information ▫ Grampians Health Community Advisory Committee ▫ Clinicians
<i>* E2E = end to end prevention and primary care teams integrating with secondary and tertiary teams using value-based healthcare approach</i>						
Underpinned by the principles of						
Quality		Equity		Sustainability		Effectiveness

Wimmera Southern Mallee
 Grampians Pyrenees Goldfields
 Central Highlands
 Region Wide