



Don't wing it with mosquitoes

Warm and wet weather create perfect breeding environments for mosquitoes, increasing the likelihood of diseases being spread by mosquitoes that can make you very ill.

Your only protection against mosquitoes and the diseases they can carry is to avoid bites in the first place.

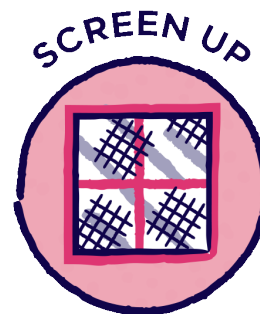
Prevention of bites



Wear long, loose-fitting, light-coloured clothing and covered shoes.



Use mosquito repellents containing picaridin or DEET on all exposed skin.



Cover all windows, doors, vents and other entrances with insect screens and repair any screens that are damaged.



Remove stagnant water from around your home – even small pools in old tyres, pot plant trays, buckets and trailers.

Vaccination

Mosquito-borne diseases such as Japanese encephalitis can cause serious health issues, leading to possible long-lasting complications and in rare cases, death.

The Japanese encephalitis virus vaccine is now available. To view eligibility requirements and clinic locations, scan the QR code or visit **bhs.org.au/gphu**.

Find out more at **bhs.org.au/gphu**

This information is current as at 17 July 2023

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